■ BREAST CANCER ■



Most common cancer among women worldwide.— Men also have breast cancer which in most cases are diagnosed late.—1 in 8 women will have breast cancer in their life time.—Women who started their period early, women with late menopause, obese(fat) women, oral contraceptive, women who carry BRCA1/BRCA2 gene are at risk for breast cancer. EARLY DETECTION WITH BREAST EXAMINATION, MAMMOGRAPHY, AND ULTRASONOGRAPHY AND IN SOME CASES WITH MRI FOLLOWED BY PROPER TREATMENT IS OUR ONLY CHANCE FOR CURE.





■ CERVICAL CANCER ■

A highly preventable cancer is the second most common cancer in women worldwide.—The most common cause is Human Papilloma Virus (HPV). It can be detected through regular PAP test and HPV vaccine.—Risk factors include sexually transmitted diseases (STD), multiple sexual partners, multiple pregnancies, weak immune system, and other. Get your annual PAP test done. EARLY DETECTION SAVES LIVES AND IS OUR ONLY CHANCE.

COLON AND RECTAL CANCER



It is the second leading cancer related death worldwide.—Colorectal cancer affects your large intestine, the final 6 feet of your digestive trac where waist is formed and eliminated.—90% of all cancers of the large intestine occur in people 50 years and older. There are recent reports of colon cancers increasing in younger people.—Anybody with changes in bowel habits, blood in the stool, abdominal aches and cramping pain, low blood, weight loss should be evaluated with colonoscopy.



■ PROSTATE CANCER ■

Men 50 years and older or younger men with positive family history for prostate cancer should have their prostate checked by the Doctor with digital rectal examination and PSA blood test. A prostate ultrasound test may also be done.—Prostate Cancer can be a life threatening disease but you can have a 100% chance of survival if the cancer is detected early. It is best to get checked before symptoms of frequent urination, difficult urination, poor urine flow, blood in the urine, and other symptoms occur. PROSTATE CANCER INCIDENCE IS INCREASING IN DEVELOPING COUNTRIES LIKE NIGERIA.



■ ABOUT US ■



We are a specialized Surgery clinic dedicated to Cancer prevention, early detection and treatment. We also diagnose and treat Gastrointestinal and Endocrine diseases like Ulcers, thyroid and other Surgical conditions. We are established in Owerre, Imo-State and have affiliates with Cancer Centers in Nigeria and the United States of America. Our Medical Director is a U.S. trained Cancer Surgeon with over 30 years of active practice experience and has access to U.S. cancer experts and institutions.



OUR MISSION

---To provide first grade evidence based cancer diagnostics and treatments to our people. ---To educate and provide resources for cancer early diagnosis at our Cancer Care Center.

OUR GOAL

--- To ensure that people are screened for early detection of cancer. This is where we have a chance for a cure. --- To provide consultation and treatment directives to people in our facility and in other centers and institutions in Nigeria and in the U.S.





■ WHAT IS CANCER? ■

Cancer is a class of disease characterized by out of control cell growth. Cancer harms the body when those altered cells divide and grow uncontrollably to take over body organs, to take over blood and immune systems. They will cause pain and suffering and painful death. Cancer cells take over and prevent normal body functions. Cancer can be prevented and can be cured if diagnosed early.

Cancer is a leading cause of death worldwide and the total number of causes globally is increasing.

■ SCREENING: ■

Early detection will make a difference. Our Cancer screening centre undertakes.

Breast Cancer Screening including BSE (Breast Self Examination

CBE (Clinical Breast Examination) and Mammography, Breast Biopsy etc.

Prostate Cancer: Trans-rectal Ultrasound and PSA and

Digital Rectal Examination Prostate biopsy, others.

Cervical cancer: Pap smear, others

Safe Cancer Practices, Prevention education and

counseling of

those living with cancer.

Oncology Imaging for staging of cancer using

ultrasound, CT, MRI, Mammography

Upper G.I (Gastro Intestinal) Endoscopy, Colonoscopy,

Prostoscopy for G.I cancer Screening.

Consult the Professionals @

JOHN CHARLES SPECIALIST CLINIC

SURGERY/ENDOSCOPY CANCER CARE CENTRE

#22 Bishop Unegbu Street, Works Layout Owerri, Imo State. 0817-027-0252, 0817-026-6247, 0909-445-0623 www.johncharlesmedical.com

"YOUR HEALTH RECOMMENDATIONS"



- Every child should be completely immunized.
- Every Sexually active woman should have a yearly PAP test for cervical cancer
- Every Woman 45 years old should have a base line MAMMOGRAM for Breast Cancer
- Every Man and Woman 50 years old should have COLONOSCOPY for Colon
- Every Man and Woman 50 years old should have a Chest X-Ray for Lung Cancer.
- Every Man and Woman 50 years old have both a Digital and PSA lab, for prostate
- Every adult Man and Woman should have an annual comprehensive physical.
- Early detection of cancer is our only chance for a cure

WE OFFER:- 1) UPPER G.I. ENDOSCOPY-for heart burn, ulcer. bleeding, vomiting, others

- 2) COLONOSCOPY—for bowel irregularity (constipation/diarrhea), low blood (iron deficiency anemia), bleeding, abdominal bloating and pain, cancer check, others.
- MAMMOGRAPHY—for breast lump, breast pain, nipple discharge, breast cancer personal and family history.
- 4) ULTRASONOGRAPHY—for breast mass, breast cyst aspiration, breast/prostate biopsy
- 5) PELVIC EXAMINATION/PAP TEST-for cervical cancer, infection, others
- SURGERY—all general surgeries and cancer surgeries.
- Infusion therapy—cancer chemotherapy, blood and blood products.









